

COMMUNITY DISABILITY RESOURCE GUIDE

HUMBOLDT COUNTY



COMMUNITY DISABILITY

RESOURCE GUIDE

Introduction

This guide has been developed to help persons with disabilities and their service providers find needed services. We have tried to include the basic resources available, along with where to call for information and help.

The guide's purpose is to help you start your search. The listings of services in this directory do not constitute an endorsement. You will find that some of the resources are free-of-charge, some have fees based on income, and others charge set fees.

We are not able to list all resources because of space limitations. If you need something not listed, or if you have questions about a service, please contact us:

Tri-County Independent Living (TCIL)

(707) 445-8404

aa@tilinet.org

139 5th Street, Eureka, CA 95501

www.tilinet.org

Front page pictures from top to bottom, from left to right:

Image of two people sitting on a bench and signing. One person has crutches

Image of a smiling woman sitting under a tree. She is wearing a T-shirt that says "Disable the Label"

Image of a mother kneeling, taking a selfie of herself and her child in a wheelchair

Image of a woman holding a cane while sitting on a bench. She has a guide dog

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DISABILITY SPECIFIC



BLIND & VISUALLY IMPAIRED

BLIND

Access News (formerly Reading Service of the Redwoods in Humboldt County)

Telephone Reader service for individuals who are low vision or blind or have dyslexia or other difficulties reading conventional print materials. Hear audio recordings of store sales ads, local newspapers, and other printed media. Provided by Society for the Blind.

www.societyfortheblind.org/programs-services/access-news/
(916) 889-7519

Braille and Talking Book Library / California State Library

Loans braille, digital talking books, magazines, cassettes, and playback equipment. Free of charge to individuals in Northern California who are unable to read conventional print.

(800) 952-5666
or (888) 657-7323 (TTY/TTD)

Lighthouse of the North Coast

Provides solutions for living with low vision or blindness. Helps develop skills to engage in activities that can become difficult with low vision or blindness (e.g. cooking safely, organizing your work area, managing bills and maintaining personal and business communications.)

1910 California Street, 3rd Floor, Eureka, CA 95501
(707) 268-5646

Low Vision Support Group (McKinleyville)

A monthly meeting to discuss and exchange information about living with low vision.

1620 Pickett Road, McKinleyville, CA 95519
(707) 839-0191

BLIND & VISUALLY IMPAIRED



North Coast Lions Eye Foundation

Can assist with travel expenses for out-of-area vision care. Applications found online at: www.lionseyeca-nv-org

**P.O. Box 335, Eureka, CA 95502
(707) 496-6695**

BLIND

Tri-County Independent Living (TCIL)

Offers a selection of low-vision, reading, and magnifying devices for short term loan through the AT Lending Library. Provides services to individuals that are blind or visually impaired such as one-on-one training, peer support, independent living skills, aid with researching and applying for service animals, self-advocacy and referral to local resources.

**139 5th Street, Eureka, CA 95501
(707) 445-8404**

DISABILITY SPECIFIC

PERSONAL ASSISTANT SERVICES



Adult Day Care of Mad River

Provides therapeutic, recreational, health and social services to seniors and those over 18 years old who are dependent on others for care. Helps to prevent institutionalization and promotes rehabilitation and independence.

**3800 Janes Road, Arcata, CA 95521
(707) 822-4866**

PERSONAL ASSISTANTS



PERSONAL ASSISTANT SERVICES

Adult Day Health Services / Humboldt Senior Resource Center

Day care program for adults 18 and older with chronic health conditions and disabilities. Licensed and therapeutic, includes dementia care.

**1901 California Street, Building B, Eureka, CA 95501
(707) 444-8254**

Agape Home Care

Provides in-home support services, including non-medical services, for seniors and persons with disabilities.

**321 West Wabash Avenue, Eureka, CA 95501
(707) 445-1212**

Area 1 Agency on Aging (A1AA)

Provides lists for residential care, skilled nursing facilities, and senior housing. Services include home safety assessments, assistance with government benefits and applications, and advocacy.

**434 7th Street, Eureka, CA 95501
(707) 442-3763**

Blue Lake Rancheria Caregiver Support

Respite and caregiver support for caregivers of Native Americans.

**428 Chartin Road, Blue Lake, CA 95525
(707) 668-5101**

Eldercare Locator

A nationwide service that helps older individuals and their caregivers locate local support and resources. Online chat available.

**www.eldercare.gov
(800) 677-1116**

Tri-County Independent Living (TCIL)

Provides referrals to Personal Assistant services.

**139 5th St., Eureka, CA 95501
(707) 445- 8404**

PERSONAL ASSISTANT SERVICES



Elite Caregivers

Providing private hire, in-home Registered Nurse support and personal attendants with background checks and certified professional caregivers. Medication management, bedside care, light housekeeping, shopping and errands, meal planning and preparation, physical therapy, oxygen assistance, catheter care, permanently disabled care and end-of-life care.

**P.O. Box 6888, Eureka, CA 95502
(707) 496-8499**

Humboldt Caregivers

Provides private hire, in-home caregivers for hourly fee. Manages all employer responsibilities including payroll, taxes and worker's compensation insurance.

**612 2nd Street, Eureka, CA 95501
(707) 798-6244**

In-Home Supportive Services (IHSS)

In-home caregivers provide a wide range of services to meet individual needs to enable living safely at home. Services may include shopping, laundry, house cleaning, personal care and cooking. Must meet income guidelines. For additional information, contact Department of Health and Human Services.

**808 E Street, Eureka, CA 95501
(707) 476-2100**

Visiting Angels

Provides private hire, in-home caregivers for hourly fee. Customized care programs. In-home care services include light housekeeping, medication reminders, meal preparation, and hourly care (temporary or long term), weekends and holidays, errands, shopping and walks.

**1112 5th Street, Eureka, CA 95501
Eureka: (707) 442-8001
Fortuna: (707) 725-3611
Arcata: (707) 825-8008**



DISABILITY SPECIFIC

CHILDREN'S SERVICES

CHILDREN

California Children's Services

Providing services to meet medical health needs of children diagnosed with certain physically disabling medical conditions. Must meet income guidelines.

**908 7th Street, Eureka CA 95503
(707) 445-6212**

Children, Youth and Family Services

Providing services to support mental health needs including assessment, treatment, medication support and case management for children, youth and families.

**1711 3rd Street, Eureka, CA 95501
(707) 268-2800**

Humboldt-Del Norte SELPA (Education)

Special Education Local Plan Area (SELPA) facilitates high quality educational programs and services for special needs students and training for parents and educators. SELPA collaborates with county agencies and school districts to develop and maintain healthy and enriching environments in which special needs students and families can live and succeed.

**2822 Harris Street, Eureka, CA 95503
(707) 441-2051
hdnselpa@hcoe.org**

Early Services Build a Better Future

For children with disabilities, a successful transition into adulthood requires acquiring developmentally appropriate building block skills throughout childhood and adolescence to maximize strong long-term outcomes.

Source: National Association of Sciences Engineering Medicine

DISABILITY SPECIFIC

DEAF & HARD OF HEARING



Deaf & Disabled Telecommunications Program

Programs for speech-to-speech telephone services and assistive telecommunications equipment for deaf and hard-of-hearing individuals. Provides free products and services for individuals who have difficulty using the telephone due to hearing, vision, movement, speech or cognitive impairment.

www.ddtp.org
(800) 806-1191
or (800) 806-4474 (TTY/TDD)

Tri-County Independent Living (TCIL)

Offers a selection of hearing assistive devices and other assistive technology for Deaf/HOH for short term loan through the TCIL AT Lending Library as well as books and instructional materials related to Deaf/HOH culture, history, topics and issues. Provides services including Independent Living Skills, Assistive Technology, Advocacy and more to persons with any type of disabilities including hearing impairment.

139 5th Street, Eureka, CA 95501
(707) 445-8404

DEAF

DISABILITY SPECIFIC

DEVELOPMENTAL DISABILITIES



Redwood Coast Regional Center (RCRC)

Offers services and supports for children and adults with developmental disabilities onset before age 18 and their families.

525 Second Street, Suite 300, Eureka, CA 95501
(707) 445-0893

D.D.

DISABILITY SPECIFIC

SERVICE / EMOTIONAL SUPPORT ANIMALS / PET CARE

ANIMALS

Service Animals and Emotional Support Animals (also called Therapy or Companion Animals) are not the same thing. Rights and protections of each are covered under different entities. The new ADA rules define “service animal” as “any dog that is individually trained for an intellectual or mental disability.” Service Animals are professionally trained to help people with disabilities by performing a certain task such as seeing, hearing or mobility assistance. Service animals are covered under the Americans with Disabilities Act (ADA) and are allowed at all public locations.

Emotional Support Animals (ESA) require no special training beyond that of a well-behaved pet but are legally NOT pets and are for assisting people who have mental health or emotional disabilities or who have emotional components to serious physical conditions. ESAs are therapeutic pets, usually prescribed by a therapist, psychiatrist or doctor that helps a disabled person with emotional difficulties or with loneliness. They may include various types of animals.

Under the U.S. federal Laws, ESAs cannot go into no-pets-allowed places, BUT THEY ARE ALLOWED to live in “no-pet” housing and in the cabins of airplanes when accompanied by a note from their handler’s doctor.

The ADA does not cover housing. If you need a Service Animal or Emotional Support Animal where you live, it will fall under the Fair Housing Act.

**For further information,
contact Tri-County Independent Living (TCIL)
139 5th Street, Eureka, CA 95501 - (707) 445-8404**

DISABILITY SPECIFIC

SERVICE / EMOTIONAL SUPPORT ANIMALS / PET CARE

Canine Companions for Independence

Non-profit organization that enhances the lives of people with disabilities by providing highly trained assistance dogs at no charge to the recipient.

**2965 Dutton Avenue Santa Rosa, CA 95407
(707) 577-1700**

Guide Dogs for the Blind

Provides highly qualified guide dogs to serve and empower individuals who are blind or have low vision. Services are free of charge, including personalized training and extensive post-graduation support, plus financial assistance for veterinary care, if needed.

**32901 S.E Kelso Road, Boring OR 97009
(503) 668-2100**

**350 Los Ranchitos Road, San Rafael, CA 94903
(800) 295-4050**

The Other Side of the Fence

Provides sliding scale fee pet care services to low-income seniors, single parents and persons with an illness or disability.

**Eureka, CA 95501
(707) 616-5717**

DISABILITY SPECIFIC

MENTAL HEALTH

Hope Center

Peer run center with support groups and activities related to mental health.

**2933 H Street, Eureka, CA 95501
(707) 441-3783**



ANIMALS





MENTAL HEALTH

Humboldt County Mental Health Branch

Provides Mental Health programs and services. Committed to the principles of recovery, wellness and discovery.

720 Wood Street, Eureka, CA 95501
24 hours crisis line: (707) 445-7715 or (707) 268-2900

Humboldt Family Service Center

Free walk-in counseling 1pm to 4pm on Mondays. Also offers other mental health services.

1802 California Street, Eureka, CA 95501
(707) 443-7358

Mental Health Patients' Rights Advocacy Services

Assists all Humboldt County Mental Health clients in locked or unlocked mental health facilities by providing access to advocacy services. Monitors all facilities for compliance regarding legal process and patients' rights.

720 Wood Street, Eureka, CA 95501
(707) 268-2995

National Alliance of Mental Illness (NAMI) Humboldt County

Committed to improving quality of life for all ages affected by mental illness. Services include: monthly on-going support groups, peer-to-peer support, NAMI Basics - a 6-week program for parents with children with mental illness, and Family-to-Family Education - a free 12-week course taught by trained NAMI family members who have relatives with mental illness.

P.O. Box 1225, Eureka, CA 95502
Message: (707) 444-1600

North Coast Association Mental Health Professionals (NCAMHP)

Non-profit association provides information regarding rights as a consumer, advocacy and support in health care and information about member therapists such as training, specialty, location.

P.O. Box 5363, Eureka, CA 95502
(707) 441-3832

DISABILITY SPECIFIC

BRAIN INJURY SERVICES



Making Headway Center for Brain Injury Recovery

Services for people with Brain Injuries and their families.

**730 K Street, Eureka, CA 95501
(707) 442-7668**

Redwood Caregiver Resource Center

Provides education, counseling, support groups, and legal services for caregivers and families of brain-impaired adults with onset after age 18.

**1901-B California Street, Eureka, CA 95501
(707) 443-9747 ext. 3220
or (800) 834-1636**

BRAIN INJURY

EDUCATION



Disability Services & Programs for Students / College of the Redwoods (CR)

Serves any student enrolled in CR college classes. Services include advising, alternate format of printed materials, assistive computers and related equipment, referrals, on-campus transition, sign language interpreters, testing accommodations and more.

**Campus: Student Services Building
7351 Tomkins Hill Road,
Eureka, CA 95501 – (707) 476-4280**

**Klamath-Trinity Instructional Site:
65 Orchard St.,
Hoopa, CA 95546 – (530) 625-4821**

**Del Norte Education Center:
883 W. Washington Blvd.,
Crescent City, CA 95531
(707) 465-2324**

**Eureka Downtown:
Adult Education
525 D St., Eureka, CA 95501**

**Garberville Instructional Site:
286 Sprowl Creek Rd.,
Garberville, CA 95542 – 707-923-2550**

**Eureka Downtown:
Community Education
310 3rd St., Eureka, CA 95501**

EDUCATION



EDUCATION

Eureka Adult School

Provides affordable and flexible educational/employment opportunities. Programs and classes include: Credit Recovery for Concurrent High School Students, English as a Second Language, High School Diploma and GED Preparation, Computer and Business Training and Certified Nursing Assistant training.

**2100 J Street, Eureka, CA 95501
(707) 441-2448**

Osher Lifelong Learning Institute (OLLI) / Humboldt State University

Offers a large variety of classes and experiences for learners age 50+.

(707) 826-5880

Social Security PASS Plan: Tri-County Independent Living (TCIL)

PASS allows Social Security recipients to receive income and resources for a specified work/educational goal. Recipients must apply to, and be approved by, the Social Security Administration. Contact TCIL to apply.

**139 5th Street, Eureka, CA 95501
(707) 445-8404**

Student Disability Resource Center / Humboldt State University

Services available to HSU students include: Assistive Technologies, exam accommodations, priority registration & registration assistance, transportation (on-campus), accessible classroom furniture, Deaf & Hard of Hearing services, alternate media, note-taking services, support group, Learning Disability Resource Specialist and equipment available for check-out.

**Learning Commons, Lower Library
1 Harpst Street, Arcata, CA 95521
(707) 826-4678
TDD: (707) 826-5392**

EMERGENCY

DOMESTIC VIOLENCE / SUSPECTED ABUSE SERVICES AND SUPPORT



Adult Protective Services

Services to individuals age 65 and older and dependent adults ages 18-64 unable to protect their own interests or care for themselves. Investigates reports of abuse, neglect and financial exploitation.

808 E Street, Eureka, CA 95501

(707) 476-2100

24 hours: (707) 445-7715

Child Welfare Services

Investigates reports of child abuse or neglect and provides services to those children and their families.

2440 6th Street, Eureka, CA 95501

(707) 445-6180

Humboldt Domestic Violence Services

Core services include: individual, peer and group counseling, support groups, court accompaniment, 24-hr support line, emergency shelter (survivors and their children), alcohol and other drug support, emergency food and/or clothing (survivors and their children), referrals, community resources, children's services, community outreach programs and restraining order assistance. Services are free of charge.

P.O. Box 969, Eureka, CA 95502

Toll free: (866) 668-6543

24-hour support line: (707) 443-6042

Long-Term Care Ombudsman Program / Area 1 Agency on Aging

Investigates and works to resolve elder abuse of individuals in long-term care facilities.

434 7th Street, Eureka, CA 95501

Emergency/crisis 24 hours: (800) 231-4024

Confidential reporting: (707) 269-1330



EMERGENCY



EMERGENCY RESPONSE

EMERG.

City Ambulance of Eureka

Provides ambulance services such as Basic and Advanced Life Support services.

**135 W 7th Street, Eureka, CA 95501
(707) 445-4907**



EMPLOYMENT

EMPLOYMENT

Northern California Indian Development Council (Economic & Educational Support)

Services include work experience, classroom training, job and career counseling, placement and referral, on-the-job training, emergency services, resource center, use of computers, job referral board and disaster planning resources.

**241 F Street, Eureka, CA 95501
(707) 445-8451**

The Job Market

A one stop center for job-seekers to help with employment needs. Offers a variety of free workshops and classes, access to computers, computer training and one-on-one vocational counseling.

**409 K Street, Eureka, CA 95501
(707) 441-5627**

Social Security PASS Plan / Tri-County Independent Living (TCIL)

PASS allows Social Security recipients to earn income and obtain resources for a specified work/educational goal. Recipients must apply to, and be approved by, the Social Security Administration. Contact TCIL to apply.

**139 5th Street, Eureka, CA 95501
(707) 445-8404**

FINANCES & BENEFITS



Area 1 Agency on Aging (A1AA)

Services include assistance with government benefits and applications, advocacy and other services.

**434 7th Street, Eureka, CA 95501
(707) 442-3763**

Humboldt County Public Guardian

Serves as a conservator for people with various types of impairments. Acts as the representative payee to provide money management services.

**1105 6th Street, Eureka, CA 95501
(707) 445-7343**

Tri-County Independent Living (TCIL)

Assistance with applications for Social Security and other benefits, developing budgets, applying for PASS plans and ABLE savings accounts.

**139 5th Street, Eureka, CA 95501
(707) 445-8404**

Social Security Administration (office in Eureka or Online)

Processes applications for Social Security Benefits, Supplemental Security Income, survivor benefits and disability insurance. Determines eligibility for the Medicare Extra Help Program which helps with prescription drug plan costs.

**3144 Broadway Street, Eureka, CA 95501
www.ssa.gov
(866) 828-1991**

PASS Plan Leads to Professional Success

Michelle, who has muscular dystrophy, used the PASS plan to pay for educational expenses and modifications to her vehicle so she would have reliable transportation to school and later to work. She earned her M.A. in Counseling Psychology and now is successfully employed as a Community Work Incentives Coordinator.



FOOD

CalFresh (Food Stamps)

CalFresh is a nutrition program that helps households buy healthy foods. There are eligibility requirements. Special eligibility requirements for households with a member who has a disability or is 60 years and older help more people qualify for the program. Persons receiving Supplemental Security Income (SSI) do not qualify.

**929 Koster Street, Eureka 95501
1 (877) 410-8809**

Food for People

Serves as a safety net for individuals and households whose circumstances have left them at risk of hunger and food insecurity. Providing emergency and supplemental food. (One box per month).

Homebound Delivery Program

Provides food delivery for persons under age 60 unable to leave home due to disability or illness. Free.

**307 West 14th Street, Eureka, CA 95501
(707) 445-3166 ext. 303**

Orick Community Resource Center Pantry

Food pantry.

**120918 Hwy 101, Orick, CA 95555
(707) 488-2803**

Salvation Army Emergency Food Pantry

Can help with bag/box of food once per month.

**2123 Tydd Street, Eureka, CA 95501
(707) 442-6475**

FOOD



St. Vincent de Paul Food Pantry

Hot meal served every day 11am to 12:30pm.

**35 West 3rd Street, Eureka, CA 95501
(707) 445-9588**

Women, Infants & Children (WIC) Supplemental Nutrition Program

WIC provides special checks for nutritious foods, nutrition assessment and education, breastfeeding education and support and referrals. The program is for income-eligible pregnant, breastfeeding, and non-breastfeeding women, and children under the age of 5 who have a nutritional need. Working families may be eligible.

**Arcata WIC Clinic
1600 Weot Way,
Arcata, CA 95521
(707) 825-5000**

**Fortuna WIC Clinic
1108 Main Street
Fortuna, CA 95540
(707) 726-9427**

**Crescent City WIC Clinic
286 M Street, Suite D
Crescent City, CA 95531
(707) 464-7293**

**Garberville WIC Clinic
727 Cedar St
Garberville, CA 95540
(707) 923-2779**

**Eureka WIC Clinic
317 2nd Street
Eureka, CA 95501
(707) 445-6255**

**McKinleyville WIC Clinic
1450A Hiller Road
McKinleyville, CA 95519
(707) 445-6255
or (707) 839-1173**

Disability and Nutrition

A recent study has shown that healthy consumption of fruit and vegetables and dietary fat predicted a better quality of life and less likelihood of higher disability among people with Multiple Sclerosis than their peers with poor diets.

Source: Nutritional Neuroscience, 2015



HEALTH

EQUIPMENT & DEVICES FOR INDEPENDENT LIVING



Broadway Medical

Offers long term and short-term rental products and sales. Health-care professionals on staff. Has a wide range of services for home medical equipment, respiratory equipment, accessibility and mobility.

**1034 Broadway, Eureka, CA 95501
(707) 442-3719**

Everything Medical

Offers for sale medical supplies, mobility aids, scooters, power chairs, lifts, ramps.

**2376 Athens Av. Redding, CA 96001
(530) 223-3633**

Tri-County Independent Living (TCIL)

Offers Assistive Technology consulting and assistance. AT devices can be borrowed from TCIL AT lending library to try out before purchasing from a supplier.

**139 5th Street, Eureka, CA 95501
(707) 445-8404**

Vector Rehabilitation Equipment Loan Program & Physical Therapy

A non-profit, outpatient, rehabilitation clinic that provides durable medical equipment, generally free of charge. Inventory changes daily. Please call the office for availability.

**2121 Myrtle Avenue, Eureka, CA 95501
(707) 441-6463**

Disability, Employment and Reasonable Accommodation

A reasonable accommodation is assistance or changes that will enable an employee to do his or her job despite having a disability. It can include providing Assistive Technology. Under the ADA, employers are required to provide reasonable accommodations to qualified employees with disabilities, unless doing so would pose an undue hardship. For more information go to:

<https://askjan.org/> or Contact TCIL at (707) 445-8404 or aa@tilinet.org



American Cancer Society, Humboldt

Free lodging near, and free rides to, cancer treatment; 24/7 live helpline and more.

611 Harris Street, Eureka, CA 95501
(707) 442-1436
or **(800) 227-2345**

Burre Dental Center / Open Door Community Health Center

Dental Services. Accepts MediCal. Sliding scale fees for low income people. Call to see if accepting new patients.

959 Myrtle Avenue, Eureka, CA 95501
(707) 442-7078

K'ima:w Medical Center

Health care to Native American people and others seeking services for the Hoopa Valley Indian Reservation and surrounding areas. Patient transportation is available for medical and dental appointments.

535 Airport Road, Hoopa, CA 95546
(530) 625-4261

Mad River Community Hospital

Acute care hospital, offering emergency care, OB, radiological and surgical services, pain management, wound care and other services.

3800 Janes Road, Arcata, CA 95521
(707) 822-3621

Medi-Cal Eligibility / Social Services

Sign up for Medi-Cal here. (Supplemental Security Income (SSI) recipients not eligible for Medi-Cal.)

929 Koster Street, Eureka, CA 95501
(707) 268-3447
or **1 (877) 410-8809**



MEDICAL CARE

OPEN DOOR CLINICS

Family practice services for all primary medical needs, including diagnosis, treatment for acute illnesses (such as flu, colds, aches and pains, fatigue) and chronic conditions (including diabetes, high blood pressure, asthma).

Established patients can be referred to other Open Door Clinics for additional and specialty services. Assists in determining eligibility for Medi-Cal, Medicare, CMSP, Family PACT and other programs. Those without insurance are eligible for discounts based on income. Most private insurance accepted.

Humboldt Open Door Clinic – Arcata

Additional services at the Arcata Clinic include: Pediatrics, Behavioral Health Counseling, Nutritional Counseling, Teen Clinic, Nutritional Counseling, Transgender Clinic and Women’s Health. Appointments only.

**770 10th Street, Arcata, CA 95521
(707) 826-8610**

NorthCountry Clinic – Arcata

Additional services at the NorthCountry Clinic include: Behavioral Health Counseling and Support, Opiate Dependency Treatment and Women’s Health. Patients can also be referred to see a Case Manager for assistance with housing, employment, paperwork and numerous other services.

**785 18th Street, Arcata, CA 95521
(707) 822-2481**

NorthCountry Prenatal Services – Arcata

Provides all necessary check-ups, examinations and laboratory work, and offers education on a wide range of topics for women during pregnancy. The clinic supports midwifery and provides medical intervention as necessary. Some patients choose to have home births or use midwives or other providers not affiliated with Open Door to assist at the birth.

**3800 Janes Road, Suite 101, Arcata, CA 95521
(707) 822-1385**

MEDICAL CARE



Eureka Community Health & Wellness Center

Additional services at Eureka Center include: Behavioral Health Counseling and Support, Opiate Dependency Treatment, Diabetes Education, Nutritional Counseling and Women's Health. Walk-ins accepted.

**2200 Tydd Street, Eureka, CA 95501
(707) 441-1624**

Ferndale Community Health Center

Additional services at Ferndale Community Health & Wellness Center include: Behavioral Health Counseling and Support, Opiate Dependency Treatment, Diabetes Education, Nutritional Counseling and Women's Health.

**638 Main Street, Ferndale, CA 95536
(707) 786-4028**

Fortuna Community Health Center

Additional services at Fortuna Community Health & Wellness Center include: Behavioral Health Counseling and Support, Opiate Dependency Treatment, Diabetes Education, Nutritional Counseling and Women's Health.

**3750 Rohnerville Road, Fortuna, CA 95540
(707) 725-4477**

McKinleyville Community Health Center

Additional services at the McKinleyville Center include Teen Clinic, Nutritional Counseling and Women's Health. Walk-ins accepted.

**1644 Central Avenue, McKinleyville, CA 95519
(707) 839-3068**

Willow Creek Community Health Center

Additional services at the Willow Creek Center include: Behavioral Health Counseling and Support, Pediatric Behavioral Health, Diabetes Education, Prenatal Care, Women's Health and X-ray.

**Hwy 299 #38883, Willow Creek, CA 95573
(530) 629-3111**



MEDICAL CARE

Medicare / Area 1 Agency on Aging HICAP program

Free counseling to people with Medicare about benefits, rights and options.

434 7th Street, Eureka, CA 95501

(707) 444-3000

Parkinson's Support Group

For people with Parkinson's disease and family members. Meets second Friday of each month from 3-4 p.m. in the Eureka area.

Adorni Center, 1011 Waterfront Drive, Eureka, CA 95501

(707) 442-5245

Partnership HealthPlan of California

A non-profit community-based health care organization that contracts with the State to administer Medi-Cal benefits through local care providers to ensure Medi-Cal recipients have access to high-quality comprehensive cost-effective health care. Serves all ages.

1036 5th Street, Suite E, Eureka, CA 95501

(707) 430-4861 or 1(800) 863-4155

Redwood Coast PACE / Humboldt Senior Resource Center

An all-inclusive health care program for older adults age 55+, covered by Medi-Cal, Medicare, and private payment. Provides medical, nutritional, rehabilitation, social and support services to older adults who live in their home and would otherwise be in a nursing home.

1910 California Street, Eureka, CA 95501

(707) 443-9747 ext. 1203

Alzheimer's Services/ Humboldt Senior Resource Center

Provides education, information and services regarding Alzheimer's disease and related dementias throughout Humboldt County. Services provided at low or no charge include: support groups, training for professionals, large Eureka resource library, educational events, one-on-one consultation and free educational materials.

1910 California Street, Eureka, CA 95501

(707) 443-9747 ext. 1203

MEDICAL CARE



Redwood Memorial Hospital (RMH)

RMH services include Women's and Children's Services in the Maternity Center; Cardiopulmonary Services, Intensive Care Unit and a Radiology Department which offers bone density testing and digital mammography. Redwood Memorial Hospital recently began offering outpatient physical, occupational & speech therapy rehabilitation services.

**3300 Renner Drive, Fortuna, CA 95540
(707) 725-3361**

St. Joseph Hospital

Acute care hospital, with clinical specialties in cancer treatment, emergency care, neurosurgery, heart program, rehabilitation and orthopedic care.

**2700 Dolbeer Street, Eureka, CA 95501
(707) 445-8121**

Angel Fund / Humboldt Health Foundation

Provides rapid help for defined healthcare and medical needs for people residing in Humboldt County. Serves both children and adults. Funds are generally granted on a one-time basis per person for every 365-day period. Applications for funds are made through service providers such as Tri-County Independent Living (TCIL).

**373 Indianola Road, Bayside, CA 95524
(707) 442-2417**

United Indian Health Services (UIHS) / Potawot Health Village

Medical, dental, pharmacy, vision, child & family, community health & wellness and nutrition/WIC services. Serves eligible Native American patients. Services vary by location, please call.

**1600 Weeot Way, Arcata, CA 95521
(707) 825-5000
or (800) 675-3693**



HEALTH



SUBSTANCE RECOVERY SERVICES

SUBSTANCE RECOVERY

Al-Anon

A fellowship offering a program of recovery for families and friends of alcoholics.

Eureka, CA / (707) 443-1419

Alcoholics Anonymous

A mutual aid fellowship to enable members to stay sober and help other alcoholics achieve sobriety.

**730 K Street, Eureka, CA
(844) 442-0711**

Alcohol/Drug Care Services Administration

Drug and alcohol addiction rehabilitation center.

**528 5th Street, CA 95501
(707) 445-1369**

Humboldt Alcohol Recovery Treatment (HART) / DUI Program

Assists the client in recognizing their level of chemical dependency, acquaint them with life problems associated with dependency and aids them in their recovery.

**2331 Rohnerville Rd., Fortuna, CA 95540
(707) 725-9381**

Healthy Moms

Alcohol and drug addiction treatment program assisting women in treating their addictions and supporting them to become healthy, productive women and mothers. Child care is provided for children under 6.

**2910 H St, Eureka, CA
(707) 441-5220**

Humboldt Recovery Center

Licensed and certified residential substance abuse treatment facility.

**1024 N St, Eureka, CA 95501
(707) 443-0514**

SUBSTANCE RECOVERY SERVICES



Narcotics Anonymous

A mutual aid fellowship to enable members to address drug abuse and support others in addressing their drug abuse.

Eureka, CA / (707) 444-8645

NCSAC / Crossroads

Sober living home providing an extended-stay residential treatment program and outpatient drug rehab for people struggling with drug addiction or alcoholism.

**1205 Myrtle Ave, Eureka, CA 95501
(707) 445-0869**

Redwood Teen Challenge

Faith based residential recovery program that aids youth, adults and families that are struggling with life-controlling problems such as drugs and/or alcohol.

**2212 2nd St, Eureka, CA
(707) 268-8727**

Singing Trees Recovery Center

Residential recovery program provides medical support, intensive education and counseling, as well as reinforces the concepts and principals of Alcoholics Anonymous and Narcotics Anonymous.

**2061 US-101, Garberville, CA
(707) 247-3495**

Waterfront Recovery Services / Redwood Community Action Agency (RCAA)

Both residential recovery services and an in-house, medically monitored detox program. Resident stays vary from 72 hours to six months. Must be referred by Humboldt County DHHS Mental Health, Street Outreach Services or Open Door Health Services.

**904 G Street, Eureka, CA 95501
(707) 269-9590**



HEALTH



WELLNESS

WELLNESS

Vector Aquatic Center

Non-profit organization providing accessible warm water recreational swimming, aquatic exercise and aqua therapy. Drop-in fee. No membership requirement.

3289 Edgewood Road, Eureka, CA 95501

Aquatic Center: (707) 441-9262

For Physical Therapy, call Vector Rehabilitation: (707) 442-6463



HOUSING



ENERGY ASSISTANCE

ENERGY

California Alternate Rates for Energy (CARE)

Monthly discounts for income-qualified households served by PG&E. Contact PG&E or Tri-County Independent Living (TCIL) to enroll.

PG&E: (866) 743-2273

TCIL: 139 5th Street, Eureka, CA 95501

(707) 445-8404

Family Electric Rate Assistance (FERA)

Monthly discounts for income-qualified homes of three or more people.

PG&E: (800) 743-5000

Low Income Home Energy Assistance Program (LIHEAP / HEAP)

Emergency assistance for eligible households with payments/purchases of electricity, propane, natural gas, heating oil or firewood. Call on Mondays only between 9 am and 11 am to schedule appointment.

RCAA: (707) 444-3831

ENERGY ASSISTANCE



Medical Baseline

A utility discount program for people who depend on electrical equipment due to a medical condition. PG&E customers only.

PG&E: (800) 743-5000

PG&E Assistance Programs

Offers balanced payment plan, bill guarantee, payment arrangements.

2555 Myrtle Avenue, Eureka, CA 95501

(800) 743-5000

Smarter energy line: (800) 933-9555

Redwood Community Action Agency (RCAA) / Energy Assistance

Services include: energy efficiency & weatherization, energy assistance (HEAP/Wood/Propane/Oil), health & safety testing and repairs, lead based paint hazard reduction & inspection services, and energy, environmental & telecommunications education.

539 T Street, Eureka, CA 95501

(707) 444-3831

Redwood Coast Energy Authority (RCEA)

Offers energy efficiency services for homes, businesses and other facilities.

633 3rd Street, Eureka, CA 95501

(707) 269-1700

or (800) 931-7232

Relief for Energy Assistance through Community Help (REACH)

Emergency assistance for a 15-day shutoff notice as a result of a catastrophic event occurring within 4 months prior to notice.

2123 Tydd Street, Eureka, CA 95501

(800) 933-9677



HOUSING



TRANSITION SERVICES & HOME DIVERSION / OMBUDSMAN

TRANSITION

Home Transition Services / Tri-County Independent Living (TCIL)

Provides supportive services and service coordination to people with disabilities living in institutions enabling them to move into the community and live independently. Also provides services to prevent people from entering a nursing home or other institutional setting due to a disability by teaching Independent Living Skills and locating services and supports to help them remain living as independently as possible.

**139 5th Street, Eureka, CA 95501
(707) 445-8404**

DIVERSION

Multipurpose Senior Services Program (MSSP) / Humboldt Senior Resource Center

Helps qualifying elderly adults stay in their home by preventing or delaying placement in a skilled nursing facility. Some of their services include: emergency response systems (e.g. Lifeline), non-medical home equipment, In-Home Supportive Services (IHSS), minor home/safety repairs/enhancements, respite care, home delivered meals and transportation.

**1901 California Street, Eureka, CA 95501
(707) 443-9747 ext. 3259**

Long-Term Care Ombudsman Program / Area 1 Agency on Aging

Investigates and works to resolve elder abuse complaints made by, or on behalf of, individual residents in long-term care facilities.

**434 7th Street, Eureka, CA 95501
ombudsman@a1aa.org / (707) 269-1330**

The Right to Live in the Community: The Olmstead Decision

The U.S. Supreme Court's 1999 landmark decision known as the Olmstead Decision found the unjustified segregation of people with disabilities is a form of unlawful discrimination. States are required to place persons with disabilities in community settings rather than in institutions under certain conditions. For more info, **contact TCIL (707) 445-8404 or aa@tilinet.org**

HOUSING



HOUSING ASSISTANCE



Affordable Homeless Housing Alternatives (AHHA)

Provides information, education, advocacy and policy development for affordable housing for people who are homeless in Humboldt County.

Nezzie Wade: (707) 267-4035

Edie Jessup: (707) 407-0047

Arcata House Partnership

Arcata House Partnership provides permanent housing, emergency shelter, case management, CalFresh outreach, and drop in services to individuals and families who are homeless in Humboldt County.

501 9th Street, Arcata, CA 95521

(707) 633-6236

Betty Kwan Chinn Day Center

Available resources: transitional housing program, family services including after school program, homework help, positive parenting program, family literacy group, pregnant and parenting teens, dinner; phone and mail services, drop-in childcare, Open Door mobile health services, learning center, employment services.

133 7th Street, Eureka, CA 95501

(707) 407-3833

California Department of Fair Employment and Housing

Make State-level complaints about housing conditions.

(800) 884-1684

TTY: (800) 700-2320

HUD Office / Housing Authority

Local Housing Authority office. Section 8 and HUD housing.

735 West Everding Street, Eureka, CA 95503

(707) 443-4583



HOUSING



SHELTERS

SHELTERS

Eureka Rescue Mission (Men)

Provides food, clothing, showers and shelter for men only. Must be sober and respectful to others. Drop-ins at 5:30 p.m. every day.

110 2nd Street, Eureka, CA 95501

(707) 443-4551

or (707) 445-3787

Eureka Rescue Mission (Women & Children)

Provides food, clothing, showers and shelter for women with or without children. Must be sober and respectful of others. Schedule an interview at 4:45 p.m. every day.

107 3rd Street, Eureka, CA 95501

(707) 443-5016

or (707) 445-3787



HOUSING



WHEELCHAIR RAMPS & HOME MODIFICATION

MODIFICATIONS

Residential Ramp Loan Program / Tri-County Independent Living (TCIL)

Provides temporary loaner modular ADA compliant free-standing ramps to eligible clients. Assists clients in exploring options and creating a plan to obtain their own permanent ramp.

139 5th Street, Eureka, CA 95501

(707) 445-8404

INFO & REFERRAL



2-1-1 Humboldt

Provides information and referrals to services in Humboldt County.

(707) 441-1001
or 211

Area 1 Agency on Aging (A1AA)

Provides senior information, assistance and referrals.

434 7th Street, Eureka, CA 95501
(707) 442-3763

Redwood Community Action Agency (RCAA)

Provides information and referral to local services.

904 G Street, Eureka, CA 95501
(707) 269-2001

Tri-County Independent Living (TCIL)

Provides access to a wide spectrum of information on disability related issues and services and resources to help live independently, such as independent living skills, obtaining Social Security and other benefits, accessible housing, assistive equipment, peer counseling and advocacy.

139 5th Street, Eureka, CA 95501
(707) 445-8404

REFERRAL

LEGAL & ADVOCACY



California Indian Legal Services

Provides help and information about legal topics unique to Native Americans. No cost or low-cost services.

324 F Street, Eureka, CA 95501
(707) 443-8397

LEGAL



LEGAL & ADVOCACY

LEGAL

Legal Services of Northern California

Serves low-income clients in Del Norte and Humboldt Counties regarding Family Law, public benefits (SSI, CalFresh, CalWorks, SSDI, IHSS), veterans' benefits, housing, debt defense, guardianship, consumer law, bankruptcy and qualified domestic relations orders (QDRO's).

**123 3rd Street, Eureka, CA 95502
(707) 445-0866**

Pacific ADA Center

Provides information, resources, problem solving assistance, training and referrals regarding the Americans with Disabilities Act (ADA) and a hotline for technical assistance on the ADA.

**555 12th Street, Suite 1030, Oakland, CA 94607-4046
Toll free: 1 (800) 949-4232 (Voice/TTY)
(510) 285-5600 (Voice/TTY)**



RESOURCE CENTERS

RESOURCE CENTERS

Arcata Family Resource Center

Services include School Counseling Program, health and wellness, food security, holiday support and parent support.

**2400 Baldwin Street, Arcata, CA 95521
(707) 826-1002**

Blue Lake Community Resource Center

Services include educational programs, bus passes, information and access to community resources, housing application assistance, food pantry & hygiene supplies closet, clothing for adults and children (including diapers), medical & dental referrals and employment information and assistance with applications.

**111 Greenwood Avenue, Blue Lake, CA 95525
(707) 668-4281 or (707) 668-5239**

RESOURCE CENTERS



Eureka Community Resource Center

Offers support groups, workshops, classes and referral and health information.

**35 West 3rd Street, Eureka, CA 95501
(707) 442-5239**

Fortuna Community Services

Food pantry, clothing and shower services for people who are homeless on Tuesday and Wednesday from 9:30 to 11:30.

**2331 Rohnerville Road, Fortuna, CA 95540
(707) 725-1166**

Humboldt Community Access & Resource Center (HCAR)

Offers day programs for people with developmental disabilities. Services include education, community outreach, employment services, independent and supported living services and respite care.

**Sequoia Center
4620 Meyers Avenue, Eureka, CA 95503
(707) 443-8317**

**Bay Center
1001 Searles Street, Eureka, CA 95501
(707) 441-8625**

McKinleyville Family Resource Center

Services include: a twice-weekly food pantry, family art night, case management and McKinleyville Parents Circle.

**1450 Hiller Road, McKinleyville, CA 95519
(707) 840-0905**



RESOURCE CENTERS

Orick Community Resource Center Pantry

Food pantry.

**120918 Hwy 101, Orick, CA 95555
(707) 488-2803**

Redwood Caregiver Resource Center

Provides education, counseling, support groups, and legal services for caregivers and families of brain-impaired adults with onset after age 18.

**1901-B California Street, Eureka, CA 95501
(707) 443-9747 ext. 3220
or (800) 834-1636**

Willow Creek Community Resource Center

Offers information and referrals on local resources and assistance with benefits applications, utilities and many other topics. Offers emergency food, food pantry and basic needs commodities on Thursdays. Drop-in Monday through Thursday 8:30 a.m. to 1 p.m., or by appointment. Play group for families on Fridays from 10:30 to 12:30.

**38883 Hwy 299, Willow Creek, CA 95573
(530) 629-3141**

What is a Family Resource Center?

Family Resource Centers (FRC) are community-based flexible, family-focused, and culturally sensitive facilities that provide programs and services based on the needs of the families. FRCs are located in a variety of community settings, including churches, school buildings, hospitals, housing projects, restored buildings, or new structures.

Source: www.childwelfare.gov

SENIOR



Area 1 Agency on Aging (A1AA)

Provides lists for residential care, skilled nursing facilities and senior housing. Services include home safety assessments, assistance with government benefits and applications and advocacy.

**434 7th Street, Eureka, CA 95501
(707) 442-3763**

SENIOR

Eldercare Locator

A nationwide service that helps older individuals and their caregivers locate local support and resources. Online chat available.

**www.eldercare.gov
(800) 677-1116**

Ferndale Senior Resource Agency

Connects seniors to vital services and offers a wide variety of programs and opportunities including on-site dining and food delivery/home delivered meals.

**100 Main Street, Ferndale, CA 95536
(707) 786-4141**

Fortuna Senior Center

Links seniors to health and fitness, social and recreational, educational, legal and financial services and opportunities primarily in the immediate Fortuna area. Most services are free of charge.

**2280 Newburg Road, Fortuna, CA 95540
(707) 726-9203**



SENIOR

SENIOR

Humboldt Senior Resource Center

Provides services in Adult Day Health, Alzheimer's services, Multipurpose Senior Services Program (MSSP), nutrition programs, activities, Dial-a-Ride, Are You Ok? ®, Senior Home Repair, Redwood Coast PACE, Senior News publication and volunteer opportunities.

**1901 California Street, Eureka, CA 95501
(707) 443-9747**

Karuk Senior Center

Provides information and referral services. Offers wide variety of programs and opportunities including on-site dining, food delivery/home delivered.

**459 Asip Road, Orleans, CA 95556
(530) 627-3056**

Multipurpose Senior Services Program (MSSP) / Humboldt Senior Resource Center

Helps qualifying elderly adults stay in their home by preventing or delaying placement in a skilled nursing facility. Some of their services include emergency response systems (e.g. Lifeline), non-medical home equipment, In-Home Supportive Services (IHSS), minor home/safety repairs/enhancements, respite care, home delivered meals and transportation.

**1901 California Street, Eureka, CA 95501
(707) 443-9747 ext. 3259**

Senior News / Humboldt Senior Resource Center

A North Coast monthly publication featuring articles and information for adults age 50+.

**1910 California Street, Eureka, CA 95501
www.humsenior.org
(707) 443-9747 ext. 1226 (editorials)
ext. 1227 (ads)**

TRANSPORTATION



Volunteer Driver Program / Area 1 Agency on Aging

Provides transportation to and from healthcare appointments. Serves seniors age 50 and over who are living independently and have limited resources.

**434 7th Street, Eureka, CA 95501
(707) 442-3763**

Angel Flight West

Volunteer pilots provide transportation to medical appointments. Verification for service eligibility must be made by a service professional.

**3161 Donald Douglas Loop South, Santa Monica, CA 90405
Toll free: (888) 426-2643
(310) 390-2958**

Dial-a-Ride

Provides transportation for senior citizens and disabled citizens of Humboldt County. A shared ride system for those unable to use public transportation.

**Register: (707) 443-0826
Reservations: (707) 442-4555**

Humboldt Transit Authority

Local public accessible bus system.

**133 V Street, Eureka, CA 95501
(707) 443-0826**

Disability, Transportation and Employment

Studies show that because of transportation inaccessibility, on average, wheelchair users in major cities have access to 46% - 75% of the jobs that are available. In rural areas, where public transportation is scarcer, it is even worse. Accessible public transportation is essential to obtaining and maintaining employment for many people with disabilities. If you use public transportation, your accessibility experiences with their services is important for them to know. Tell them!



VETERANS

Eureka Vet Center

Readjustment counseling and mental health services for combat veterans and military sexual trauma veterans.

**2830 G Street, Eureka, CA 95501
(707) 444-8271**

Eureka VA Outpatient Clinic

Offers a wide range of preventive and primary care. Open Monday-Friday from 8 a.m. - 4:30 p.m. Services offered include laboratory tests, audiology, prosthetics, primary medical care, pharmacy, x-rays, optometry, podiatry, telemedicine, home-based primary care and outpatient mental health services.

**930 West Harris Street, Eureka, CA 95501
(707) 269-7500**

North Coast Veteran's Resource Center

Provides employment counseling & training, counseling, career assessment, support services, supportive housing, transitional housing, health care, supportive services for veteran's families, HUD VASH services and CalFresh screening and assistance.

**109 4th Street, Eureka, CA 95501
(707) 442-4322**

Veteran's Service Office

Provides claim preparation and submission, networking with federal/state/local agencies, comprehensive benefits counseling, appeals assistance, claim follow-up, benefit verification, vocational rehabilitation, medical and dental benefits, education benefits, housebound allowance, life insurance and more.

**1105 6th Street, Suite F, Eureka, CA 95501
(707) 445-7611**

YOUTH



Big Brothers Big Sisters of the North Coast

Offers community-based mentoring, site-based mentoring; sharing educational, fun, and low-cost activities, youth mentoring programs. Serves ages 6-16.

428 C Street - Suite G, Eureka, CA 95501
<http://ncbbbs.org> / (707) 445-4871

California Children's Services(CCS)

Arranges, directs and pays for medical care, equipment, and rehabilitation for children and young adults under 21 who have a CCS-eligible medical condition. Offers services supporting transition from pediatric to adult medical care, medical therapy, diagnostic testing and evaluation, out-of-county travel assistance and more.

9087 7th Street, Eureka, CA 95501
(707) 445-6212

California State Council on Developmental Disabilities / North Coast Regional Office

Supports families through systems advocacy at the State, County and local levels, providing training, information on rights and appeals for services and strategies for accessing support systems for every Californian with developmental disabilities and their families.

505 S. State Street, Ukiah, CA 95482
scdd.ca.gov/northcoast - (707) 463-4700

College of the Redwoods Disability Services and Programs for Students (DSPS)

Serves any student enrolled in CR college classes. Services include advising, alternate format of printed materials, assistive computers and related equipment, referrals, on-campus transition, sign language interpreters, testing accommodations and more.

7351 Tompkins Hill Road, Eureka, CA 95501
www.redwoods.edu/dsps
(707) 476-4280



YOUTH

Department of Health & Human Services / Transition-Age Youth Division

Programs include: Humboldt County Transition Age Youth Collaboration (HCTAYC), TAY Behavioral Health, Extended Foster Care (EFC), and Independent Living Skills Program (ILS). Offers peer coaches and has a Youth Advisory Board (YAB). Serves ages 16-26.

433 M Street, Eureka, CA 95501
(707) 476-4944
(707) 476-4922

Department of Rehabilitation / Student Services

Works in partnership with students, families, schools and other stakeholders to provide services and advocacy resulting in employment, independent living and equality for individuals with disabilities. Services include job exploration counseling, postsecondary counseling, self-advocacy training, work-based learning experiences and work readiness training.

1330 Bayshore Way #101, Eureka, CA 95501
(707) 445-6300

Humboldt – Del Norte Special Education Local Plan Area (SELPA)

Offers Behavior Intervention, consultation and training, functional behavior assessments and Behavior Intervention Plans and aide training for students receiving Special Education Services. Offers Educationally Related Intensive Counseling Services (ERICS); including individual counseling, school consultation and parent consultation, Low Incidence Services and Training and Professional Development.

2822 Harris Street, Eureka, CA 95503
www.hdnselpa.org
(707) 441-2051



Humboldt State University / Student Disability Resource Center

Provides service, support and resources for HSU students with disabilities. Services range from assisting students with disabilities in overcoming barriers to acquiring equal or equivalent access to their college education.

1 Harpst Street, Arcata, CA 95521
<http://disability.humboldt.edu>
(707) 826-4678
TTD: (707) 826-5392

Step Up / The Job Market

Helps youth in-school and out-of-school access employment and educational opportunities by providing work experience, training, scholarships, supportive services and more.

409 K Street, Eureka, CA 95501
(707) 499-6300
or (707) 441-5627

The Raven Project / Redwood Community Action Agency

Offers both county-wide street outreach services and drop-in center services for youth ages 10-21. Drop-in center services include case management, clean bathroom and shower, hot meals, clean clothes, referral to other community services, vocational services, peer-support, washer and dryer, art supplies, blankets, backpacks, pet food, ID fee waivers and help in attaining documentation, mail and more. Street Outreach services include food, hygiene kits, bleach kits, safer sex kits, feminine hygiene kits and first aid kits.

523 T Street, Eureka, CA 95501
(707) 443-7099



YOUTH

Redwood Community Action Agency (RCAA) Youth Service Bureau (YSB)

YSB provides emergency housing and transitional housing for homeless youth, and youth who are fleeing dangerous living situations or severe family conflict, in order to prevent youth from entering the Juvenile Justice or Child Welfare Systems. Also provides transitional housing for post-foster care youth.

1100 California Street, Eureka, CA 95501
(707) 444-CARE
(707) 444-2273

Redwood Teen Challenge

Faith based residential recovery program that aids youth, adults and families that are struggling with life-controlling problems such as drugs and/or alcohol.

2212 2nd St, Eureka, CA
(707) 268-8727

Tri-County Independent Living (TCIL) / Youth Transition Services

TCIL is developing programs for youth with disabilities to help them transition into adulthood and achieve as much independence as they wish to. These include the Peer Mentor for College Program, Youth Action Board and classroom presentations. TCIL also offers other services which serve youth and adults including building a resume, looking and applying for employment, post-secondary education, obtaining housing, completing applications, obtaining benefits, learning independent living skills and self-advocating, training in using Assistive Technology and other specific support youth may need to achieve their goals towards greater independence.

139 5th Street, Eureka, CA 95501
www.tilinet.org
(707) 445-8404

YOUTH



Transition Partnership Program (TPP)

Student services include: interest and ability assessments, career exploration, resume building, cover letters, on the job training, vocational training placements, interview and work clothing, interview and job seeking skills, work site monitoring and evaluation, transportation allowance, referrals to community agencies, college and career technical training programs.

901 Myrtle Avenue, Eureka, CA 95501

<https://hcoe.org/tpp-workability/>

(707) 445-7086

WorkAbility I / Humboldt County Office of Education

Services include school-based components such as career assessments, career research and exploration; connecting activities such as partnership collaboration with schools and businesses; and work-based learning - such as career awareness activities, career exploration and preparation for the work site.

901 Myrtle Avenue, Eureka, CA 95501

https://hcoe.org/tpp-workability

(707) 445-7086

The California Youth Leadership Forum (YLF)

YLF is a self-advocacy and leadership development program for students with disabilities who are sophomores and juniors in high school. The YLF has been held every summer, for a 5-day week in July, for the past 30 years at the California State University, Sacramento.

Students stay overnight in college dorms for the college experience. During the program, students learn about employment resources, additional educational opportunities, independence and assistive technology.

Students also interact with other students their own age including alumni staff and learn from other people with disabilities living independently and working in various careers. The Forum is at no cost for participants.

If you or a youth you know would like to apply for participating in YLF, please contact TCIL: (707) 445-8404 or aa@tilinet.org

KNOW YOUR RIGHTS AS A VOTER WITH DISABILITIES

“Vote like your life depends on it, because it does”

Justin Dart, Disability Rights Leader and “Grandfather of the ADA”.

The Help America Vote Act (HAVA) sets voting system standards that protect the rights of voters, including voters with disabilities. Below are provisions taken directly from this Act.

- ❖ Voters with disabilities have the right to vote privately and independently, the right to have a voting station reasonably modified, the right to have barriers removed from the voting process, and the right to receive additional aids and services. At least one accessible voting unit must be available in each polling place where an election is being conducted. (HAVA § 301 (a)(3)(B); § 19242 (b))
- ❖ Voters with disabilities have the right to an accessible polling place. Poll workers need to be trained on how to use every voting machine that is offered in the polling place and on procedures for curbside voting if the voter is unable to enter the polling place. A list of voters who have requested assistance must be maintained and returned to the elections official. (§§ 12280, 14282, 14283)
- ❖ Under federal anti-discrimination laws, poll workers must permit a service animal to accompany a voter with a disability (e.g. a guide dog for a visually impaired person). Poll workers should walk on the side of the voter that is on the opposite side of the service animal. They should not pet or engage a service animal without permission from the owner. A service animal can be any trained domestic animal for the purpose of assisting the voter. Service dogs can be any breed or size. (Code of Federal Regulations, Title 28, § 35.136)
- ❖ A person with a disability who is unable to write may use a signature stamp (which must be approved by the county elections official or the Department of Motor Vehicles prior to Election Day), or authorize another person to use the stamp, on any elections-related document that requires a

signature (including a vote-by-mail ballot envelope). A signature stamp on a vote-by-mail envelope is treated in the same manner as a written signature. (§ 354.5)

❖ All eligible citizens have the right to register to vote unless a court has currently determined them to be mentally incompetent or they are otherwise ineligible because they are imprisoned or on parole for conviction of a felony. It is not up to poll workers to determine a person's registration qualification or competence to vote. Sometimes poll workers, upon encountering a voter who is disabled, may question the person's competence to vote. Poll workers should be trained to provide the same respectful and courteous level of service to a voter with a disability as they would to any other voter. No voter who is on the voter index is required to show any identification unless they are a first-time voter who registered to vote by mail and are so noted in the index, or to prove their competence to receive or cast a ballot. Poll workers should be reminded that if a voter's name is not on the voter index, they are still entitled to cast a provisional ballot. (§§ 2000,2102,2300(a)(1), (2), 14310 Cal. Const., art. II, § 2; HAVA § 303(a)(5); 2 Cal. Code of Regs., tit. 2 § 21017)



❖ Voters with disabilities should not be asked or permitted to fill out their ballots at the table where poll workers are checking in voters, even if the voters have requested assistance in filling out their ballots, because the secrecy of the ballot may be compromised. A separate table or voting booth compliant with the Americans with Disabilities Act (ADA) should be provided nearby.

❖ When elections happen, Election Day Observers witness the election process from start to finish. This is a vital part of election services. It is an especially important service for people with disabilities because the Observers can make sure the polling place is accessible and that voters with disabilities have equal access to voting at the polling place. TCIL is encouraging everyone to serve as Poll Observers in Del Norte, Trinity, and Humboldt Counties on election days. Volunteer observers receive Poll Worker training in their county.

If you are interested in working as a poll observer, please email kchaney@sos.ca.gov.

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Disability activists take a hammer to Hollywood Walk of Fame, 1988

The Americans with Disabilities Act – ADA

The ADA, passed in 1990, gives civil rights protections to individuals with disabilities similar to those provided to individuals on the basis of race, color, sex, national origin, age and religion. It guarantees equal opportunity for individuals with disabilities in public accommodations, employment, transportation, state and local government services and telecommunications.



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